



Joyful Apostolate

Spring/Summer 2019

100 years of life, gratefully lived



Left to right: Top row: Sister Grace, Sister Sharon, Sister Elizabeth, Sister Mary (Superior General), Sister Charis, Sister Gabrielle. Bottom row: Sister Rose, Sister Adriane, Sister Zita, Sister Hermine, Sister Vivian.

On May 20th, our Sisters in California gathered for a very special celebration. Although we don't usually celebrate our birthdays, Sister Hermine reached the milestone of 100 years, for which we gathered to thank our Lord. Sister Hermine, who lives at the Motherhouse, continues an active apostolate of supporting numerous friends of our Society through her prayers; she also regularly corresponds with many long-time friends and supporters.

In December of 2017, Sister Hermine had a health crisis and the doctors said that she was close to leaving this world. However, God obviously had continued plans for her here on earth. Sister Hermine, ever attentive to the Holy Spirit, recognized this and has worked diligently to regain her health.

During her 100 years, Sister Hermine has served our Lord and his Church in many apostolates, including operating a printing press in Hungary and Canada, ran a business school as a cover during World War II, catechizing thousands of people of all ages in religious education classes and in retreat work, and also years of serving in the kitchen during our summer camps. Her zealous love and fidelity continue to inspire each of our Sisters and all those who come in contact with her.

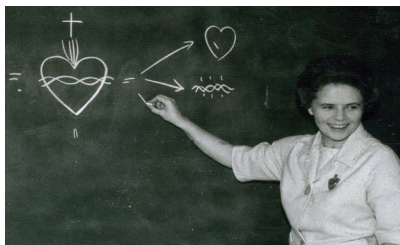
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www.sacredheartsisters.com

for more photos and other information

“We are sent by Christ, as he was s

From the Heart of Servant of God, Sister Ida



Sister Ida joyfully sharing about the Heart of our Lord with a group



Sister Ida the last time she came to girls' camp in the 1990's

The very first Girls' Camp we planned was sort of scary; we were wondering how all the work and effort we put into it was going to work out. We knew that a great deal of good would come because we took it as a faith experience.

Look around. What is there that you cannot see because there is another dimension beyond that which we see with our eyes? That dimension is revealed to us by faith. Our eyes cannot see it or our ears hear it, only the heart can understand. Not any ordinary heart but only a heart soaked in grace, in the life of God.

We were soaked in that life at Baptism. God put His hand on us and said, “You are mine.” He took care of us and made this little life in us great. He fed it with His own Body and Blood, with His own life, so that we would arrive to the point where we are right now, and would want to live that baptismal heritage which He gave to us freely as a gift.

God is not a maker like a watch-maker who made the watch and left. God made us and He is with us. He is the God whose name is “Love.” Love wants to expand, to communicate, love unites. This is what God does. He is not satisfied with anything less. He says, “You can see Me in my works – the flowers, trees, mountains, that is fine and good,” but then God also says, “I would like to have a little time with you personally.” He is God who likes to sit down and talk with you, to have a quiet place where He can speak to your heart. So, close the doors of your senses and be with Him. How do you get into His presence? How do we get into each other's presence? By “giving an ear,” by listening. So take a deep breath and be in the presence of this God who is asking just one thing of you – listen.

May God be with you, may He smile upon you and give you His peace.

sent by the Father. He sends us to do his

Retreats



Sister Catherine Marie and Sister Susan teamed up to present Advent retreats and Lent retreats. Above, left, Sister Susan is presenting at an Advent Retreat at St. John the Baptist de la Salle parish. Above, right, Sister Catherine Marie is with the ladies at Edwards Air Force Base in Calif. for the Lent retreat.



At Holloman Air Force Base in New Mexico, 3 Sisters led a "Wonderfully Made" retreat weekend, with the joyful participation of 25 families and Father Bedemoore (left, top photo). We are so grateful to serve our military families who serve our country.



At the **Heart of Jesus Retreat Center** in the Diocese of Orange, various adult retreats were presented and were well attended, including Advent and Lent retreats and a Prayer Course on the Catechism of the Catholic Church by Sister Adriane. The Sisters also responded to a request from St. Elizabeth Ann Seton parish and presented a Lenten parish retreat.

Our **Chinese apostolate** in California remains vibrant. In addition to Sister Grace's regular teaching to the Chinese community in the Diocese of Orange, Sister Lucia and Sister Andrea teamed up to give a **Chinese retreat at St. Thomas Aquinas parish in Monterey Park** to nearly 100 parishioners. Presentations, Adoration of the Blessed Sacrament, and penance service with the Sacrament of Reconciliation were offered in Chinese. The people were touched by our Lord's loving Heart!

Other News

Video about Sacred Heart Retreat Camp

<https://tinyurl.com/y547zpqk>

Gentlemen's Haberdashery Fundraiser article

<https://tinyurl.com/SHRC-video>

s will with the Spirit of undivided love

Meeting God's People



In addition to our daily apostolates, our Sisters participate in various events within our dioceses and around the country. This past year, we attended a number of events, including the SEEK conference in Dallas, Texas (above) and the Los Angeles Religious Education Conference.

Leadership Retreats



in Budapest

Held in March, nine young women attended. Sister Ines, above, is leading the young women in a faith song. Sister Guadalupe, right, newest missionary to Hungary, presents a memento at the end of the retreat. One highlight was a faith sharing in the living room of our convent, with tea and conversation.



in California

Held in December, the Sisters and young women (above and right) during the retreat, responding to a presentation by a Sister and their peers. A highlight was their openness with each other in sharing their faith journeys with each other.



& dedication.” -Servant of God, Sister Ida Peterfy

I vow Chastity, Poverty and Obedience



Above, left to right: Sister Vivian Sun (1st vows), Sister Charis Kwon (1st vows), Bishop Rutilio del Riego (Auxiliary Bishop Emeritus, Diocese of San Bernardino), Bishop Gerald Barnes (Bishop, Diocese of San Bernardino), Sister Hannah Barnett (perpetual vows), Sister Mary Tomasella (Superior General)

On March 30th, Sister Hannah Barnett professed the vows of Chastity, Poverty and Obedience forever in the Society Devoted to the Sacred Heart. Sister Vivian Sun and Sister Charis Kwon professed vows for the first time; temporary vows for 2 years. Each of these Sisters is from the Diocese of San Bernardino. We were very grateful to have the Mass at Sacred Heart Church in Rancho Cucamonga, with Bishop Barnes as the principal celebrant. Bishop del Riego and 10 priests concelebrated the Mass, with approximately 900 family members and friends in attendance. The prayers and support of all present, as well as the prayers of those who were not able to join us, continues to be a tremendous gift to all the Sisters.

Congratulations, Bishop Alex Aclan!



Bishop Alex Aclan, newest Auxiliary Bishop of the Archdiocese of Los Angeles, at his Episcopal Ordination, greeting and blessing Sister Mary and Sisters. Our Sisters have known Bishop Alex since the 1980's, when he was a seminarian and more formally when he was assigned to St. Finbar's parish in Burbank.

Sister Hannah Barnett



I am the youngest of five children, with an identical twin sister. At age nine, I had the chance to attend Sacred Heart Girls' Camp in Big Bear for the first time. It was my first experience with the Sacred Heart Sisters (or any Sisters) and I loved the week at camp. ...One night, two of the Sisters shared their vocation stories. As I listened, God whispered, "This could be you." It was just that simple...I didn't share this call from God with anyone until I was 15....After being invited to a vocation day, I finally had the courage to tell my parents that I was open to the possibility of religious life. By sharing it with others, I was able to accept God's invitation a little more.

As I prepared for high school graduation, religious life was the last thing on my mind....I never asked God what He wanted for me; instead I was telling Him what I wanted for me.

During the summer before college, I returned to Girls' Camp for the first time in four years, this time serving as a counselor. One night at campfire, as we read the Scriptures together, I was sitting near the back, talking with God. I realized I would only be truly happy doing what God asked. So I told Him, "I give you my life. I give you my heart. I give you my plans. Whatever you ask of me, I will do it." His call came back: "This is you. This is who I have created you to be." I knew He was asking me to give myself completely to Him as a Sister.

On September 15, 2010 I entered the Society Devoted to the Sacred Heart. I professed my first vows on March 23, 2013, and was blessed to make my perpetual profession on March 30. I am truly happy doing what God wants me to do. In fact, I am more joyful than I ever thought it was possible to be.



Join us, in person or in prayer, on August 24, 2019, as we celebrate our Jubilarians. (Above, at the Archdiocesan Mass for Jubilarians, left to right: Silver Jubilarians, Sister Andrea & Sister Michelle, Bishop Jose Gomez, Golden Jubilarian Sister Sharon. Not pictured: Golden Jubilarian Sister Carmen.)

Sister Vivian Sun

As the youngest of three children, I was the trouble maker of the family: drawing on the walls, flooding bathrooms, and making a mess when I was left alone....I went to college at UC San Diego, where my faith started to become my own, not just my family's. I helped lead Bible studies in a Christian fellowship called InterVarsity and was also involved in the Newman Club. These communities drew me into a deeper relationship with Jesus and brought me to know Jesus as someone with a heart for all His people. I graduated with a degree in International Studies and was open to do His will. Throughout my discernment, I was talking to the Vocations Director of SDSH, who helped me walk through God's call for me....I had a good job, was dating a very good Catholic young man, and was happy. But there was a part of me that knew there was something missing. It was only in Mass or praying in front of the Blessed Sacrament where I felt most fulfilled....I remember when I heard God calling me so clearly and yet mysteriously during Mass one day. It was not with a voice I could hear, but in the depths of my heart I knew He was calling my name and wanted me right now. After I said "yes" to God in my heart, told the Sisters, my family and friends, I found an overwhelming peace I have never felt before.....I am filled with gratitude and deep joy...Please keep me in your prayers!



Sister Vivian Sun (left), Sister Charis Kwon (right)

Sister Charis Kwon

When I was in high school, I fell in love with all things beauty-related. My goal was to become a fashion makeup artist someday....I also fell in love with St. Paul the Apostle Parish's Young Adult Ministry and became part of the Core Team. Ministry helped me to realize that even though I loved makeup artistry, I was more joyful at church than at work....Every day after my shift ended, I visited Jesus in the tabernacle. This desire to be with Jesus and share His love with others intensified within me. God led me to discernment events where I met the Sacred Heart Sisters. I started volunteering at their camps and experienced so much joy at camp; it felt like I was at a Catholic Disneyland. One of the Sisters saw this joy in me and asked if I was considering religious life. I told her, "Yes...but I think I'm called to youth and young adult ministry." That conversation really challenged me to go deeper. I kept asking myself, "Am I not giving God everything? Am I holding back?" It was in the quiet of my heart that God spoke to me: "Won't you just be MINE first?" In that same year, I entered our community, the Society Devoted to the Sacred Heart. Since then, I have fallen deeper in love with the God who created me.