



# *Joyful Apostolate*

Fall 2009

## **A SPECIAL VISIT TO OUR FAMILY RETREAT CAMP**



The two weekend sessions of Sacred Heart Family Retreat Camp were a blessing for over 40 families during the summer. Sister Hermine was happy to visit with the new families. They all heard of her goodness and far-reaching joy during the many years she participated, and led the kitchen at our Family Camps.

*“God is always working, always  
Realize this*

## FROM THE HEART OF SISTER IDA



If we had three vessels: one glass, one large plastic and one smaller gold cup, which one would be most precious? If we were lost in a hot and dry desert, which one would be most precious for us? If all three vessels were empty, we would discard them all because they would be nothing but a burden. What if all three were filled with water, which one would be most precious?

Most likely the plastic vessel, because it would be easy to carry, and it would hold the most water! Glass is breakable and water would soon evaporate from the gold cup.

What is the worth of each one of us? Sometimes, we measure our worth by appearance, by our profession or work. When we compare ourselves with others, we might say, “I am not worth much... What have I accomplished?”

What is our true worth? Look deeper, look inside your heart, and ask, “Who am I really? Am I lovable? What is my worth?” You are God’s unique masterpiece! Remove old labels, and stop calling yourselves “names.” Simply allow yourself to be a child of God. Good parents love their little children just because they are theirs, long before they “accomplish” anything!

What will God say to us when we meet Him in heaven? Exactly what a parent says when the child arrives home. When we meet God, we will suddenly clearly realize how precious and lovable we are to Him!

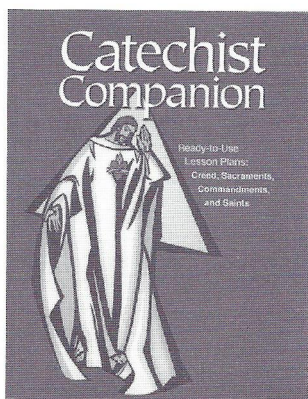
Allow God to begin to show you how precious you are. With faith and trust, look! Listen! He is always communicating to us His love, His encouragement, His kindness and goodness. He loves each of us personally!

*ways acting, always caring, always  
and consciously say, 'Thank you*

**GOOD NEWS FOR CATECHISTS  
ALSO FROM THE HEART OF SISTER IDA**

For quite some time now, catechists and parents have been asking us if we could make Sister Ida's brilliant lessons available for them.

We are happy to announce that recently a volume of 49 classic lessons on the basic truths of our faith: Creed, Sacraments, Commandments and Saints were published by Liturgy Training Publication in Chicago.



Each lesson follows the Five Step Illustrated Method developed by Sister Ida; it enables the catechist to present the deepest truths with delightful yet profound simplicity. The basic truths of our faith apply to everyone, and Sister Ida's method has a way of captivating and calling forth a response to God from children, teens and adults alike. Each lesson can be readily adapted to any age level.

The volume is entitled *Catechist Companion*. It is also available in Spanish: *Acompañante del Catequista*. For more information contact us at 323-935-2372, or [sacredheartsisters.com](http://sacredheartsisters.com).

Or call LTP at 1-800-933-1800 or log unto [ltp.com](http://ltp.com).



*ys guiding.  
God my Father.”*

*Sister Ida*

**“COME, FOLLOW ME”**



On September 15, Luz Ramirez entered our Community, and after a three-day silent retreat she was received into the postulancy, with the new name of Micaela. Please, keep her in your prayers during the coming six months as she is introduced to our way of religious life, and begins to follow Our Lord as a Sacred Heart Sister. Above: (right to left) Sister Laura, second year Novice; Micaela; Sister Eileen, Director of Novitiate; Sister Martha, Assistant to Sister Eileen.



Sister Jane (l) and our Sisters visited Sister Grace's (r) RCIA class in St. Brigid's Parish, to celebrate their Baptism. Seated are (r to l) Sister Eva and Sister Hermine. Next to Sister Grace are Sister Laura and Sister Mary.



Family Retreat Camp in Hungary was held in early summer, allowing the Sisters just a few days before packing to leave for the community pilgrimage. Sister Shannon (r) and Sister Michelle with one of the families.



Sister Shannon makes plans with staff assistants during Family Camp in Hungary.

### LET SISTER IDA INSPIRE YOU!

**"YES, LORD!"** The joyful response of Sister Ida to the plan of God: the story of her own vocation and how God was leading her to begin the Society Devoted to the Sacred Heart. 68 pages.

**"THE SOURCE OF OUR JOY"** Thoughts of Sister Ida, a first collection from her talks and letters. Pocket edition.

**"THE SOURCE OF OUR STRENGTH"** More thoughts of Sister Ida, inspiring with profound simplicity. Pocket ed..

**"THE SOURCE OF OUR HOPE."** Most recent collection of Sister Ida's thoughts based on her deep faith.

**"GOD HAS A HEART FOR YOU"** C.D. with songs of the Sacred Heart Sisters, joyfully singing of the love of God.

**"LOVE DOES SUCH THINGS"** Christmas C.D. Every day is Christmas with this CD. Celebrate the coming of Christ every day as you join the Sisters in song.

Sacred Heart Convent

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