



# Prayer to Obtain a Special Favor

adapted from Sister Ida's favorite "Panic Prayer"

I love you, Lord, I praise you.  
Thank you, Lord, for all you have done for me.

Lord, I am totally helpless. Only you can help.  
I ask you to grant ... (mention intention).  
This is my burden. I give it to you.  
I know that you love ... (mention name).  
I know that you love me.

Please, come and enter this situation.  
Please, help as only you can help.  
I know that your Heart is moved by need.

Thank you, Lord.  
I trust and accept your Divine Will.  
I believe you have already given me what  
I am asking. I place all my trust in you.

I ask you to grant my request  
through the intercession of  
Servant of God Sister Ida. Amen.

---

Please send description of favors received  
through the intercession of Servant of God Sister Ida to:  
Sacred Heart Sisters, 10480 1/2 Winnetka Ave., Chatsworth, CA 91311  
sisterida@sacredheartsisters.com